

SUSHI

- A1. Octopus (1pc) 1.95
- A2. Snapper (1pc) 1.95
- A3. Salmon (1pc) 1.95
- A4. Squid (1pc) 1.95
- A5. White Tuna (1pc) 1.95
- A6. Surf Clam (1pc) 1.95
- A7. Crab Meat (1pc) 1.95
- A8. Mackerel (1pc) 1.95
- A9. Shrimp (1pc) 1.95
- A10. Tamago (1pc) 1.95
- A11. Red Tuna (1pc) 2.25
- A12. Fly Fish Roe (1pc) 1.95
- A13. Unagi (1pc) 1.95
- A14. Tofu (1pc) 1.95
- A15. Spicy Crispy Salmon (1pc) 2.15
- A16. Spicy Crispy Tuna (1pc) 2.15
- A17. Spicy Crispy Crab Meat (1pc) 2.15
- A18. Salmone Rose (1pc) 2.65
- A19. Salmon Sushi Pizza (6pcs) 9.95
- A20. Unagi Sushi Pizza (6pcs) 9.95
- A21. Avocado Sushi Pizza (6pcs) 9.95

SASHIMI

- B1. Octopus (5pcs) 6.99
- B2. Snapper (5pcs) 6.99
- B3. Salmon (5pcs) 7.99
- B4. Squid (5pcs) 6.99
- B5. White Tuna (5pcs) 7.99
- B6. Surf Clam (6pcs) 6.49
- B7. Crab Meat (6pcs) 6.49
- B8. Mackerel (5pcs) 6.99
- B9. Shrimp (6pcs) 6.49
- B10. Tamago (6pcs) 6.49
- B11. Red Tuna (5pcs) 9.49
- B12. Beef (10pcs) 7.49

MAKI ROLL

- C1. Sushi Island Volcano Roll (8pcs) 12.99
Spicy Crab Meat, Salmon, Eel, Mango, Avocado & Fish Eggs w/Crispy On Top
- C2. Sushi Island House Roll (8pcs) 11.49
Deep Fried Roll Of Spicy Crispy Salmon, Crabmeat, Pickle Radish, Cream Cheese & Avocado
- C3. Dragon Roll (8pcs) 11.49
Tempura Shrimp, Cucumber, Avocado, Crabmeat, Fish Eggs & Choice Of Salmon or White Tuna or Eel or Avocado On Top
- C4. Metropolis Roll (8pcs) 11.49
Cream Cheese, Cucumber, Avocado, Shrimp Tempura, Fish Eggs On Top
- C5. Dragon Eyes Roll (8pcs) 10.99
Deep Fried Roll of: Salmon Avocado, Carrot, Aspasagus & Fish Eggs
- C6. Rainbow Roll (6pcs) 9.49
Crabmeat, Cucumber, Avocado & Salmon, Red Tuna, Shrimp, Mackerel, Eel, Snapper & Avocado On Top
- C7. Sushi Island Roll (8pcs) 9.49
Deep Fried Roll Of Spicy Crispy Salmon & Avocado
- C8. Kamikaze Roll (8pcs) 9.49
Spicy Crispy Salmon, Avocado, Cucumber & Fish Eggs On Top
- C9. Alaska Roll (8pcs) 9.49
Spicy Crispy Crab Meat, Avocado & Fish Eggs On Top
- C10. Futo Maki Roll (8pcs) 9.49
Crab Meat, Cucumber, Avocado, Pickled Mushroom, Pickled Ralish & Dry Melon
- C11. Yummy Roll (6pcs) 9.49
Deep Fried Roll Of Avocado, Crabmeat, Cream Cheese, Fish Eggs And Pickled Radish
- C12. Tempura Shrimp Roll (6pcs) 7.99 6.00 (2pcs)
- C13. Dynamite Roll (6pcs) 8.49 6.00 (2pcs)
Tempura Shrimp & Avocado
- C14. Tempura Shrimp Mango Roll (6pcs) 8.49 6.00 (2pcs)
- C15. Philadelphia Roll (6pcs) 8.49 6.00 (2pcs)
Cream Cheese, Smoked Salmon & Avocado
- C16. Energy Roll (6pcs) 8.49 6.00 (2pcs)
Tempura Shrimp, Cream Cheese, Spicy Crab Meat
- C17. Cream Cheese Spicy Crab Meat Roll (6pcs) 6.99 6.00 (2pcs)
- C18. Crispy Cream Cheese Roll (6pcs) 6.99 6.00 (2pcs)
- C19. California Roll (6pcs) 6.99 6.00 (2pcs)
Cucumber, Avocado, Crabmeat & Fish Eggs On Top

Maki Roll

- C20. Unagi Roll (6pcs) 7.49 6.00 (2pcs)
B.B.Q Eel, Cucumber & Avocado
- C21. Chicken Teriyaki Roll (6pcs) 6.99 6.00 (2pcs)
Chicken Teriyaki & Cucumber
- C22. Crispy Spicy Salmon Roll (6pcs) 6.99 5.50 (2pcs)
- C23. Crispy Spicy Crabmeat Roll (6pcs) 6.99 5.50 (2pcs)
- C24. Crispy Spicy Tuna Roll (6pcs) 6.99 5.50 (2pcs)
- C25. B.C Roll (6pcs) (Salmon, Avocado & Fish Eggs) 6.99 5.50 (2pcs)
- C26. Salmon Avocado Roll (6pcs) 6.99 5.50 (2pcs)
- C27. Cucumber Avocado Roll (6pcs) 6.99 5.50 (2pcs)
- C28. Sweet Potato Avocado Roll (6pcs) 6.99 5.50 (2pcs)
- C29. Crispy Mango Roll (6pcs) 6.99 5.50 (2pcs)
- C30. Crispy Mango Avocado Roll (6pcs) 6.99 5.50 (2pcs)
- C31. Crispy Avocado Roll (6pcs) 6.99 5.50 (2pcs)
- C32. Sweet Potato Roll (6pcs) 5.99 5.50 (2pcs)
- C33. Red Tuna Roll (6pcs) 5.99 5.50 (2pcs)
- C34. Salmon Roll (6pcs) 5.49 5.50 (2pcs)
- C35. Crabmeat Roll (6pcs) 5.49 5.50 (2pcs)
- C36. Cucumber Roll (6pcs) 5.49 5.50 (2pcs)
- C37. Avocado Roll (6pcs) 5.49 5.50 (2pcs)

Maki Roll - Wrapped in Rice Paper

- C40. Crystal Dragon Roll (8pcs) 10.99
Rice Paper With Crabmeat, Avocado, Cucumber, Shrimp Tempura & Fish Eggs
- C41. Crystal Fruit Roll (8pcs) 10.99
Rice Paper With Banana, Avocado, Mango & Crispy
- C42. North Pole Roll (8pcs) 10.99
Rice Paper With Avocado, Mango & Spicy Crabmeat

Appetizers

- D1. Edamame (Boiled Soybeans Topped With Salt) 5.50
- D2. Deep Fried Tofu (4pcs) 3.99
- D3. Onion Rings (8pcs) 4.99
- D4. Yam Tempura (8pcs) 6.99
- D5. Vegetable Tempura (8pcs) (Assorted Vegetable Tempura) 6.99
- D6. Tempura Appetizer (7pcs) 6.99
(5 pcs Vegetables And 2 pcs Shrimp Tempura)
- D7. Crabmeat Tempura (5pcs) 5.99
- D8. Cheese Wonton (6pcs) 5.99
- D9. Shrimp Tempura (5pcs) 7.99
- D10. Deep Fried Milk (8pcs) 6.99
- D11. Banana Tempura (8pcs) 6.99
- D12. Gyoza (5pcs) (Deep Fried Pork Dumplings) 5.49
- D13. Steamed Pork Dumplings (4pcs) (Siu Mai) 6.49
- D14. Steamed Shrimp Dumplings (4pcs) (Har Gow) 6.49
- D15. Vegetable Spring Rolls (5pcs) 4.49
- D16. Deep Fried Sesame Balls (4pcs) 5.99
- D17. Chicken Wings (10pcs) 11.49
- D18. Chicken Nuggets (6pcs) 5.49
- D19. Deep Fried Scallops (6pcs) 5.49
- D20. French Fries (large) 5.99

Appetizers Cont'd

- D21. General Tao's Chicken 11.99
- D22. Yakitori (2pcs) 8.99
2 Grilled Chicken Skewers w/Garlic & Teriyaki Sauce
- D23. Beef Skewers (2pcs) 8.99
2 Grilled Beef Skewers w/Garlic & Teriyaki Sauce
- D24. Ebi Yaki (2pcs) 8.99
Pan Fried Shrimps With Garlic Butter
- D25. Squid Skewers (5pcs) 8.99
- D26. Lamb Skewers (5pcs) 8.99
- D28. Aspasagus Beef Roll (6pcs) 7.99
- D29. Baby Mushroom Beef Rolls (6pcs) 7.99
- D30. Beef Ribs (8 Pcs) 10.99
- D31. B.B.Q Eel 12.49
- D32. Eggplant Teriyaki (2Pcs) 7.49
- D33. Salmon Belly (5pcs) 5.99
- D34. Mussel Teriyaki (6pcs) 7.49
- D35. Mandarin Fish Teriyaki (6pcs) 9.49
- D36. Salmon Neck (2pcs) 5.99
- D37. Squid Teriyaki (1 Dish) 9.49

Teriyaki Combo (Served With Rice & Soup Or Pop)

- K1. Chicken with Vegetable Teriyaki 14.59
- K2. Beef with Vegetable Teriyaki 14.59
- K3. Salmon with Vegetable Teriyaki 14.59
- K4. Shrimp with Vegetable Teriyaki 14.59

Special Combo (Served With Miso Soup & Rice)

- Special Combo A: 14.99
Seaweed Salad , 3pcs Vegetable Spring Roll
3 pcs Steamed Pork Dumpling
Choice of : Chicken Teriyaki OR Beef Teriyaki
- Special Combo B: 14.99
Kimichi Salad , 3pcs Vegetable Spring Roll OR (Gyoza) OR (Scallop)
General Tao's Chicken

Soup & Salad

- R1. Steam Rice 2.00
- R2. Miso Soup 1.99
- R3. Hot & Sour Soup 3.99
- R4. Seafood Soup 4.50
- R5. Wonton Soup 6.99
- R6. Green Salad (S) 2.00 (L) 3.50
- R7. Avocado Salad 6.49
- R8. Seaweed Salad 5.99
- R9. Flying Fish Egg Salad 6.49
- R10. Seafood Salad 7.49
- R11. Mango Salad 7.49
- R12. Kimichi Salad 6.49

Udon & Soba in Soup

(Thick Noodle) (Thin Noodle)

- H1. Steam Udon/soba 9.99
- H2. Vegetable Udon/soba 10.49
Noodles In Clear Fish Stock With Assorted Vegetables Topped With Japanese Seaweed
- H3. Chicken Udon/soba 12.99
Noodles In Clear Fish Stock With Grilled Chicken Topped With Japanese Seaweed
- H4. Beef Udon/soba 12.99
Noodles In Clear Fish Stock With Beef & Mushroom Topped With Japanese Seaweed
- H5. Nabayaki Udon/soba 12.99
Noodles In Clear Fish Stock With Assorted Seafood & Egg Served In Hot Pot

Teppanyahi & Thai (Stir fry)

J1. Mango Chicken	8.99
J2. Mango Shrimp	8.99
J3. Vegetable Teppanyaki	7.99
J4. Salmon Teriyaki.....	7.99
J5. Chicken Teriyaki	7.99
J6. Beef Teriyaki	8.99
J7. Vegetable Fried Rice	10.99
J8. Chicken Fried Rice	12.99
J9. Beef Fried Rice	12.99
J10. Seafood Fried Rice	12.99
J11. Vegetable Fried Udon	11.99
J12. Chicken Fried Udon	13.99
J13. Beef Fried Udon	13.99
J14. Seafood Fried Udon	13.99



Donburi (Rice)

Donburi (Rice) (Served with Soup or Drink)

G3. Unagi Don	14.99
G4. General Tao's Chicken Don	13.99



Party Tray * Extra charge for each substitution

M1. Party Tray A (42 Pcs).....	\$37.99
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12 Pcs. Sashimi: Salmon, White Tuna & Surf Clam
12 Pcs. Sushi: Salmon, Tuna, Snapper, Shrimp, Surf Clam & Tamago
18 Pcs. Maki Roll: California, Salmon & Tuna



M2. Party Tray B (62 Pcs).....	\$62.99
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20 Pcs. Sashimi: Salmon, White Tuna, Snapper & Surf Clam
18 Pcs. Sushi: Salmon, Tuna, Mackerel, Snapper, Surf Clam & Shrimp
24 Pcs. Maki: California, Dynamite, Salmon, Tuna



M3. Party Tray C (90 Pcs).....	\$82.99
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30 Pcs. Sashimi: Salmon, White Tuna, Mackerel, Snapper, Surf Clam & Octopus
24 Pcs. Sushi: Salmon, Tuna, Mackerel, Snapper, Shrimp, Octopus, Unagi & Fish Eggs
36 Pcs. Maki Roll: Dynamite, Unagi, California, Salmon, Tuna & Cucumber



M4. Party Tray D (122 Pcs).....	\$109.99
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40 Pcs. Sashimi: Salmon, White Tuna, Mackerel, Snapper, Surf Clam, Octopus, Shrimp, Squid, Tamago & Crabmeat
30 Pcs. Sushi: Salmon, Tuna, Mackerel, Snapper, Shrimp, Octopus, Unagi, Squid, Tamago & Fish Eggs
52 Pcs. Maki Roll: Dragon, Dynamite, California, Futomaki, Unagi, Salmon, Tuna & Cucumer



Sashimi Combo

* Extra charge for each substitution

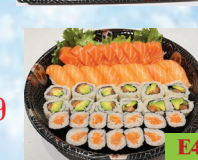
F1. Sashimi Spring (10 Pcs).....	\$12.99
White Tuna, Salmon & Surf Clam	
F2. Sashimi Summer (15 Pcs).....	\$17.99
White Tuna, Salmon, Snapper & Surf Clam	
F3. Sashimi Fall (30 Pcs).....	\$31.99
White Tuna, Salmon, Snapper, Mackerel, Octopus & Surf Clam	
F4. Sashimi Winter (50 Pcs).....	\$51.99
White Tuna, Salmon, Snapper, Mackerel, Octopus, Shrimp, Squid, Surf Clam, Tamago & Crabmeat	
F5. Chirahi Don (Sashimi On Rice).....	\$18.99
2 Pcs Each: White Tuna, Salmon, Snapper, Tamago, Octopus, Shrimp & Surf Clam	



Sushi Combo

* Extra charge for each substitution

	Original	Special
E1. Sushi Maki #1 (18 pcs).....	\$20.99	16.99
Sushi 2 Pcs Each: Red Tuna, Salmon, White Tuna		
Maki: 12 Pcs : Red Tuna, Salmon Roll		
E2. Sushi Maki #2 (26 pcs).....	\$28.99	24.99
Sushi 2 Pcs Each: Red Tuna, Salmon, White Tuna, Snapper		
Maki: 18 Pcs : Red Tuna, Salmon, Cucumber		
E3. Sushi Maki #3 (28 pcs).....	\$33.99	28.99
Sushi 2 Pcs Each: Red Tuna, Salmon, White Tuna, Snapper		
Maki: 18 Pcs: California, Salmon Avocado, Spicy Salmon		
E4. Sushi Maki #4 (40 pcs).....	\$49.99	43.99
Sashimi 8 pcs: Salmon		
Sushi 8 Pcs: Salmon,		
Maki Roll: 24 Pcs: Salmon Avocado Roll x2, Salmon Roll x2		
E6. Maki Set A (18 Pcs).....	17.99	
Maki 6 Pcs Each: California, Salmon Avocado, Crispy Spicy Salmon		
E7. Maki Set B (36 Pcs).....	29.99	
Maki 6 Pcs Each: Spicy Salmon, California, Dynamite, Tuna, Salmon & Cucumber		
E8. Maki Set C (42 Pcs).....	33.99	
Maki 6 Pcs Each: Crispy Mango, Crispy Banana, Crispy Avocado, Sweet Potato, Cucumber Avocado, Avocado & Cucumber		
E9. Maki Set D (38 Pcs).....	40.99	
Maki: Metropolis Roll 8pcs, California 6pcs, Crispy Spicy Salmon Roll 6pcs, Dynamite Roll 6pcs, Salmon Roll 6pcs, Cucumber Roll 6pcs.		
E10. Special Maki Set	62.99	
Maki: 6 pcs each		
Dynamite x 2, California Roll x 2, Salmon Avocado Roll x 2		
Spicy Salmon Roll x 2, Spicy Crabmeat Roll x 2		



Special Maki Set
\$55.99

The Taste Everyone Is Talking About



1000 Sushi Islands

Dine-in Japanese Restaurant
Take-Out **613-825-3703**
All You Can Eat Take Out Menu



Maki Set D
\$35.99

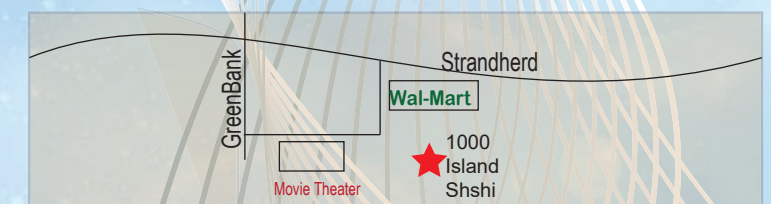
Regular
\$40.99

UNIT A-129 RIOCAN AVENUE,
NEPEAN, ON K2J 5G3

www.1000sushiislands.com

HOURS

Mon-Sun 11:00am-10:00pm
Take out only 03:00pm-04:30pm



If you have any allergies, please inform the server before ordering.

*Prices are subject to Change without Notice. (Mar 2023)